



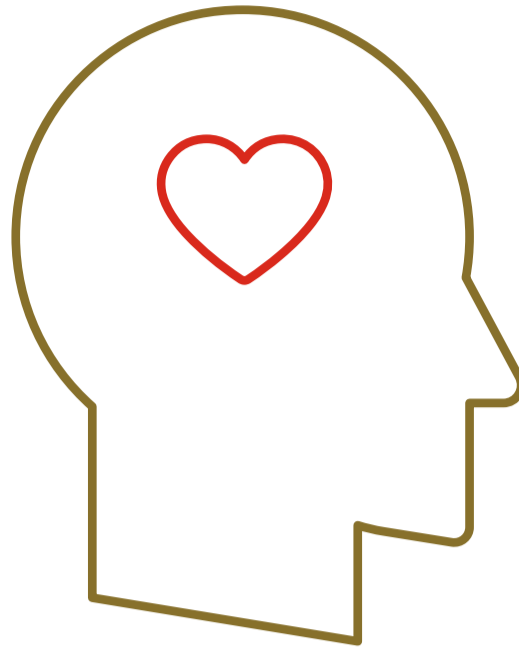
Rebecca Roberts,
Head of Excellence,
Belfast Met: 2018

The Ripple Effect of achieving a Princess Royal Training Award

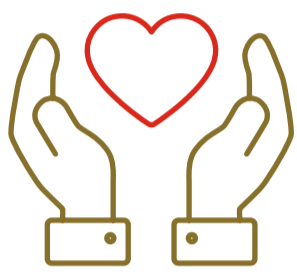
The Princess Royal Training Awards are a flagship programme delivered by the City & Guilds Foundation in association with the President of City & Guilds, HRH the Princess Royal

Awarded 18

for its Mental Health and Wellbeing programme.



Achieving the Award for Belfast Met has:



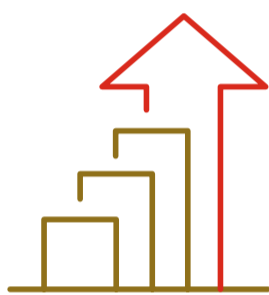
helped to move Health and Wellbeing higher up the College's agenda



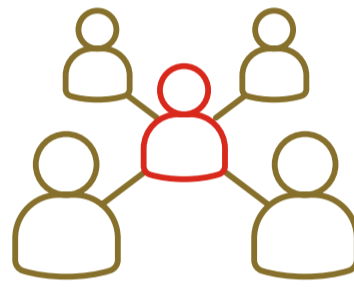
led to a more robust wellbeing offer for staff



meant an increase in budget for L&D whilst other budgets were reduced



led to moving to an outcomes-based model of accountability



focused on a top down approach: the Health & Wellbeing Committee is chaired by the College CEO



improved uptake of Health and Wellbeing Week



"When Covid hit we were in a much stronger position than many other organisations across Northern Ireland as we already had health and wellbeing as a critical part of our core agenda."

Rebecca Roberts

Applied

for a different programme in 2021. Didn't achieve the Award but the feedback was accurate and invaluable and applied again in 2022.



"It was the **best** piece of training I've ever been on."

Attendee

Alumni Network

Saw Award recipient Mandy Preece speak about active listening at an Alumni event. Brought Mandy into Belfast Met to deliver training to lecturers. Was so successful, the training was rolled out more widely across the College.



PRINCESS ROYAL
TRAINING AWARDS
ALUMNI

A City & Guilds Group Network

Alumni events on Inclusion and Diversity have been invaluable – learning best practice and approaches from fellow award recipients. These insights shaped the L&D offer available at the College with wrap around support including: will-writing services; grief management support and exploring neuro-diversity in the classroom. Vital support offered for 900+ lecturers and staff during the pandemic.